

# W O M E N ' S SPORTBIKE RALLY

## EAST SCHEDULE



### FRIDAY, SEPTEMBER 7

3:30 pm	Registration opens	1st floor
5:30 pm	<b>Rally 101</b> New to the Rally? Don't want to miss anything? Join us for a quick intro on how to get the most out of your weekend without getting lost!	1st floor
7:00 pm	<b>GearChic Workshop 1 - optional</b> ADV 101 - Ready, Set, Adventure! with Lisa Malachowsky	2nd floor Theater See Workshops page for info!
8:00 pm	<b>Michelin Road 5 Awards - "The Bibs"</b> We want to acknowledge women in the motorcycling community who set an example for all others to follow. We've chosen a few highly-regarded characteristics that we think help create a shining example of a true sportbikegirl and human to boot. Winners will be announced and awarded the coveted Michelin Awards - "The Bibs!"	2nd floor Theater
8:30 pm	<b>Michelin Movie Night</b> What's a red-carpet event without a movie to follow? We'll be playing a fan-favorite and serving movie snacks until you bust – popcorn, pretzels, candy, cookies and soda. It's an adult sleepover with motorcycle movies and fun games. Pajamas and all guests welcome!	

### SATURDAY, SEPTEMBER 8

7:30 am	<b>GearChic Workshop 2 - optional</b> No Cape? No Problem! Accident Scene 101 with Dr. Paula Crenshaw	2nd floor Theater See Workshops page for info!
8:15 am	<b>GearChic Workshop 3 - optional</b> Rubber Side Down: Motorcycle Tires 101 with Michelin's Rob Walker	
9:00 am	<b>Group Photo</b> Nails done, hair did... leathers on! Meet us in the parking lot so we can get a snapshot of the world's largest blessing of unicorns. Rock your gear - we are riding as soon as the photo is finished, no time to change!	Front of Main Lodge
9:30 am	<b>Safety Briefing - MANDATORY</b> Give us 5 minutes to remind everyone about group riding etiquette, traffic predictions and staying well within our limits, no matter where you plan to ride today. No one wants to be "that girl," so let us bring you up to speed.	
10:00 am	<b>Wind Therapy Group Rides</b> Join one our three groups or start your own! Guided rides include separate groups and routes for different skill levels. You'll never be alone, lost, or expected to ride outside your limits or your chosen vibe for the day. It's a great way to check out the area and make some new lifelong friends!	Front of Main Lodge
3:00 pm - 6:00 pm	<b>Wind Therapy Group Rides return</b>	Front of Main Lodge

**All Rally events and workshops are held at Iron Horse Motorcycle Lodge**

# EAST SCHEDULE

## SATURDAY, SEPTEMBER 8

5:00 pm	<b>GearChic Workshop 4 - optional</b> Weekend Warrior: Epic Summers on a Budget with Jen Eskew	2nd floor Theater See Workshops page for info!
6:00 pm	<b>GearChic Workshop 5 - optional</b> Getting on Track with Joanne Donn (GearChic herself!)	
7:00 pm	<b>Raffle</b> Winner, winner, chicken dinner. OK, so there's no chicken. But there are prizes... lots of them. Don't miss it!	1st floor
8:00 pm	<b>Wind Therapy Bonfire and S'mores</b> Join us on the Pavillion for sweet treats! Trade delicious stories of your day in the saddle.	Fire Pit

## SUNDAY, SEPTEMBER 9

8:00 am	<b>ROK Straps Breakfast</b> ROK Straps is making us pancakes! Come by for a short stack and say goodbye... until the next rally.	1st floor
9:00 am	<b>GearChic Workshop 6 - optional</b> Riding with Women's Motorcycle Tours: Epic Adventures in Faraway Places with Eileen Sibley	2nd floor Theater
10:00 am	<b>ROK Straps Demo</b> Stick around for the entire weekend and get generously rewarded with a set of ROK straps, plus a full demonstration on how to use them properly and effectively. This is especially important for anyone who might have won something rad (and big) in one of our raffles!	Front of Main Lodge
11:00 am	<b>Straggler's Ride on the Cherohala</b> We've turned a staff tradition into the final official rally activity. Meet us in the parking lot for KSU at 11:15 am. Go your own pace: no racing, no hand holding... just live to ride and ride to eat! Lunch options TBD.	Front of Main Lodge



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# W O M E N ' S **SPORTBIKE RALLY** E A S T W O R K S H O P S



## **ADV 101 - Ready, Set Adventure!**

with Lisa Malachowsky

**7:00 pm Friday**

Thinking of going offroad or dual-sporting? Considering taking your ride to the mountains and canyons? Get your bike (and yourself) ready to leave the pavement - come to Lisa's workshop to learn how you can get started riding dirty!

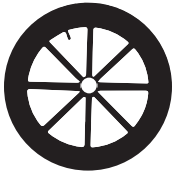


## **No Cape? No Problem! Accident Scene 101**

with Dr. Paula Crenshaw

**7:30 am Saturday**

Survival Skills are essential, and that includes helping others if they've had a get-off. Paula will teach you how to manage an accident scene, get a rider undressed without hurting them, using armor as splints, creating your own first aid kit (that's actually useful) and securing the scene for safety from other road users.



## **Rubber Side Down: Motorcycle Tires 101**

with Michelin's Rob Walker

**8:15 am Saturday**

Everything you need to know about sportbike tires, right from Michelin! You'll learn how to choose the best one for your ride and how to get the most out of your tires. Rob will show you how to decipher all the markings on your tires, figure out when they need to be replaced and more.



## **Weekend Warrior: Epic Summers on a Budget**

with Jen Eskew

**5:00 pm Saturday**

Short on time or cash but want an epic experience you can remember forever? Jennifer knows all about that! She'll share resources and experience for how to find local-to-you treasures, do day rides and plan sportbike-friendly weekend trips that won't break the bank.



## **Getting on Track**

with Joanne Donn, GearChic

**6:00 pm Saturday**

Thinking about going to your first track day? What really happens at a track day? Is it for you? Or is it just for racing? Joanne will cover all of these topics including street-focused track days that are also designed to fully improve your skills on the street!



## **Riding with Women's Motorcycle Tours: Epic Adventures in Faraway Places**

with Eileen Sibley

**9:00 am Sunday**

Join Eileen as she recaps her recent motorcycle adventure, the guided "bucket list" tour with Women's Motorcycle Tours in Africa! Learn what to expect from a trip completely planned out in advance by professional guides and the lifelong memories you'll make with women from all over the world.

**All Rally workshops are held in the Iron Horse Motorcycle Lodge 2nd floor Theater**

# WOMEN'S **SPORTBIKE RALLY**

EAST LOCATIONS



All Rally events and workshops are held at Iron Horse Motorcycle Lodge

# EAST ROADMAP

